

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Taveirne Bea HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN 15-18							Heat:4, starttime: 08:46	
Heat: 4/5 Lane : 6 Athlete: CLAEYS DITTE							Q-time: 04:35:05	
PB (50m pool): 04:35.05 Antwerpen 22/03/2026				PB (25m pool): 04:26.74SB: 04:35.05 Antwerpen 22/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.61	01:04.90	01:39.49	02:14.78	02:49.83	03:25.56	04:00.41	04:35.05
	00:30.61	00:34.29	00:34.59	00:35.29	00:35.05	00:35.73	00:34.85	00:34.64
								

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+										Heat:9, starttime: 09:09	
Heat: 9/12 Lane : 4 Athlete: DEVOS RHUNE										Q-time: 00:59:49	
PB (50m pool): 00:59.49 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 00:58.04 SB: 00:59.49 Zwembad Brigitte Becue 26/04/2026											
	5 0 M		1 0 0 M								
PB	00:27.82		00:59.49								
	00:27.82		00:31.67								
											

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+										Heat:10, starttime: 09:11	
Heat: 10/12 Lane : 3 Athlete: VANSIELEGHEM KILLIAN									Q-time: 00:56:90		
PB (50m pool): 00:56.90 Antwerp 09/02/2025					PB (25m pool): 00:56.10SB: 00:57.90 Antwerpen 17/05/2026						
	5 0 M		1 0 0 M								
PB	00:26.69		00:56.90								
	00:26.69		00:30.21								
											

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:13, starttime: 09:34
Heat: 13/16 Lane : 8 Athlete: DEPAEPE ELIZE			Q-time: 00:32:20
PB (50m pool): 00:32.20 Antwerpen 17/05/2026			PB (25m pool): 00:31.34 SB: 00:32.20 Antwerpen 17/05/2026
	5 0 M		
PB	00:32.20		
	00:32.20		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:14, starttime: 09:36
Heat: 14/16 Lane : 5 Athlete: CLAEYS DITTE			Q-time: 00:30:77
PB (50m pool): 00:30.77 Antwerpen 17/05/2026			PB (25m pool): 00:32.54 SB: 00:30.77 Antwerpen 17/05/2026
	5 0 M		
PB	00:30.77		
	00:30.77		
			

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+			Heat:10, starttime: 11:43
Heat: 10/12 Lane : 7 Athlete: VANHOUTTE WARRE			Q-time: 01:08:81
PB (50m pool): 01:08.76 Antwerpen 28/07/2024			PB (25m pool): 01:06.16 SB: 01:08.81 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	no time	01:08.76	
	no time		
			

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+			Heat:7, starttime: 12:07
Heat: 7/15 Lane : 1 Athlete: PROVOOST DAJO			Q-time: 00:25:61
PB (50m pool): 00:25.61 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 00:25.04 SB: 00:25.61 Zwembad Brigitte Becue 26/04/2026
	5 0 M		
PB	00:25.61		
	00:25.61		
			

Coach feedback:

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Event number: 10: 50M FREESTYLE MEN 15+			Heat:9, starttime: 12:09		
Heat: 9/15 Lane : 6 Athlete: DHEERE RéMI			Q-time: 00:25:22		
PB (50m pool): 00:25.17 Antwerpen 17/05/2026			PB (25m pool): 00:24.44 SB: 00:25.17 Antwerpen 17/05/2026		
	5 0 M				
PB	00:25.17				
	00:25.17				
					

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+			Heat:10, starttime: 12:10		
Heat: 10/15 Lane : 7 Athlete: VANDYCKE LUCAS			Q-time: 00:25:06		
PB (50m pool): 00:25.06 Antwerpen 17/05/2026			PB (25m pool): 00:24.78 SB: 00:25.06 Antwerpen 17/05/2026		
	5 0 M				
PB	00:25.06				
	00:25.06				
					

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+			Heat:11, starttime: 12:11		
Heat: 11/15 Lane : 7 Athlete: VANHOUTTE WARRE			Q-time: 00:24:85		
PB (50m pool): 00:24.85 Antwerpen 17/05/2026			PB (25m pool): 00:25.36 SB: 00:24.85 Antwerpen 17/05/2026		
	5 0 M				
PB	00:24.85				
	00:24.85				
					

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+			Heat:14, starttime: 12:13		
Heat: 14/15 Lane : 3 Athlete: VANSIELEGHEM KILLIAN			Q-time: 00:23:98		
PB (50m pool): 00:23.93 Antwerpen 21/04/2024			PB (25m pool): 00:22.71 SB: 00:24.04 Zwembad Brigitte Becue 26/04/2026		
	5 0 M				
PB	00:23.93				
	00:23.93				
					

Coach feedback: